

Info Prof. Dr. Reiss

Prof. Dr. Steven Reiss, Reiss Profile (16 Lebensmotive)

Kompetenzmodell/Persönlichkeitsanalyse

Steven Reiss, Ph.D., Professor of Psychology and Psychiatry, is a graduate of Dartmouth College and Yale University and completed clinical internship training program at Harvard University (Massachusetts General Hospital Department of Child Psychiatry).

He is the recipient of five national awards for his work on mental retardation: two for scientific research (1991 Distinguished Research Award of the Arc of the United States, and the 2003 Research Award of the American Association on Mental Retardation); two for national impact on services (1988 Services Award of the American Association on Mental Retardation; 2003 Menolascino Award of the National Association on Dual Diagnosis); and one for national leadership (2006 Special Award from the Association of University Centers for Excellence in Developmental Disabilities).

Further, in 1985 Professor Reiss and then graduate student Richard McNally (now professor at Harvard University) published the theory of anxiety sensitivity as a risk factor of Panic Disorder, which affects 5 million Americans, and other anxiety disorders such as Posttraumatic Stress Disorder. Since 1985 more than 800 scientific articles have been published studying Reiss and McNally's construct of anxiety sensitivity or using Reiss's measure, the "Anxiety Sensitivity Index."

Professor Reiss also has put forth an original theory of motivation and personality based on his research extensively validating 16 basic desires of human nature. This work includes reinterpretations of Myers Briggs and psychodynamics. Reiss's two single-authored books on motivation are, "Who Am I: The 16 basic desires that motivate our actions and define our personality" (2001, Tarcher/Putnam) and "The Normal Personality: A New Way of Thinking about People" (Cambridge University Press, 2008).